



STAND!
Against Domestic ViolenceSM

**Annual Report
2008–2009**

STAND! MISSION

STAND! Against Domestic Violence leads the community in ending domestic violence and rebuilding lives.

STAND!'s day-to-day work is to be there for those whose lives have been shattered by intimate partner violence. STAND! offers a sanctuary, options and hope for the future. STAND! rebuilds lives.



Dear Friends,

This past year the challenging economy cast a pall over many of us, individuals and businesses alike. Unfortunately, **STAND!** was one of the many social service agencies that experienced declining revenues this year. Between July 1, 2007 and June 30, 2009 **STAND!** lost close to \$500,000 in funding for our critical services! This amount represents over 12% of our operating budget. While our staunch individual, corporate, and foundation allies continued to support us, many were only able to contribute in smaller amounts. Additionally, governmental funding was reduced.

Unfortunately, at the same time, the need for **STAND!** services increased. **STAND!** provided more than 2,300 additional bed nights at the shelter this year, answered more than 4,600 additional crisis line calls, and provided more than 5,000 additional in-person services.

Many of our clients tell us the economic strains on their households have increased the level of violence in their families.

Research shows that among couples who report subjectively feeling high levels of financial strain, the rate of domestic violence is 9.5% compared with 2.7% for couples who report subjectively feeling low levels of financial strain. Studies also indicate that while there is a strong direct association between economic stress and domestic violence, the relationship is also reciprocal in nature. Domestic violence may also cause financial problems for survivors as well.

“Women who report DV victimization also report more days arriving late to work, more absenteeism from work, more psychological and physical health problems that may reduce their productivity, and greater

difficulty maintaining employment over time” (Leone, Johnson, Cohan and Lloyd, 2004).

While the economy threatens to continue to stagnate and we anticipate an even greater need for our services in the years to come, this past year has also held some welcome positive notes.

This year we were able to implement two new and exciting additions to our services at the Rollie Mullen shelter and transitional housing programs. Through the generosity of Chevron, we were able to hire a Vocational Specialist to assist women in attaining their employment and training goals. Given the association between economics and domestic violence, employment and academic achievement can make the difference between the woman who becomes self-sufficient and the woman who returns to her abuser.

Additionally, through a generous grant from First 5 Contra Costa, **STAND!** was able to implement a pre-school program at the Rol-



lie Mullen Center. Children in the program are learning a curriculum called Second Step, an evidence-based curriculum designed specifically for children who have witnessed/experienced trauma. Helping these children learn to cope with their experiences is one way we can work to break the intergenerational cycle of abuse.

As you read through our 08-09 Annual Report, we hope you will take pride in the accomplishments of the many families your support has enabled **STAND!** to assist this year. We thank you for your generosity and hope that you will continue your support in the year ahead.

We need you now, more than ever!

Warmly,



Gloria J. Sandoval
Executive Director



Linda Best
President, Board of Directors

“We must build the capacity of our Nation’s victim service providers to reach and serve those in need. We urge community leaders to raise awareness and bring attention to this quiet crisis.

Together, we must ensure that, in America, no victim of domestic violence ever struggles alone.”

—President Barack Obama, October 1, 2009



CATALYST FOR CHANGE

STAND! Against Domestic Violence is a recognized leader in Contra Costa County that advocates for victims of domestic violence and provides shelter and critical supportive services and counseling to intervene in life and death situations. As a catalyst for change, **STAND!** prevention programs work with the community targeting vulnerable populations with strategies to prevent violence before it happens and early interventions to promote healthy relationships within families. Breaking the generational cycle of violence requires a steadfast commitment: a challenge that rejects the concept that violence within families and between intimate partners is private and acceptable. **STAND!** acts on its core belief that violence is learned behavior and can be unlearned.

Since its inception as a volunteer crisis line for women in 1977, **STAND!** has expanded to include a wide range of prevention, intervention, and treatment services for those impacted by domestic violence. **STAND!**, one of the largest domestic violence service agencies in Northern California, draws from the best practices in the field and addresses critical community needs with a focus on results and accountability. We seek to reduce the impact of fluctuations in funding on programs, services, and fragile families through planning and adherence to sound fiscal management principles. We strive to exemplify principles of trust and transparency both internally and within the communities we serve.

STAND! is an essential component of the safety net of services in the Contra Costa community.

SOCIAL IMPACT

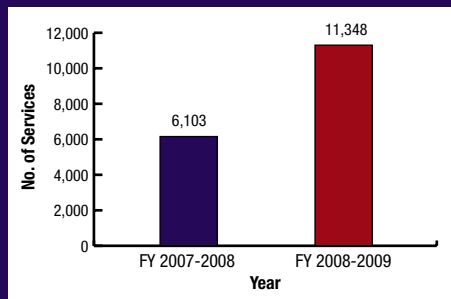
Goals

- Survivor safety over time
- Reduced domestic violence incidence and deaths
- Legal Protection and Social Justice

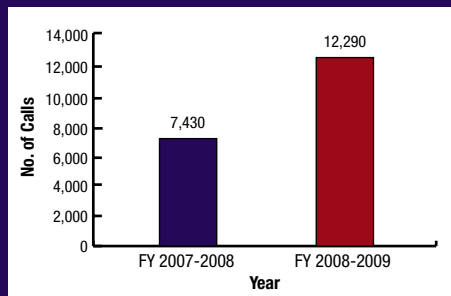
Just as resources decreased, need increased this past year. Tough economic times pushed some over the breaking point and requests for assistance increased:

- **25% increase** in requests for Emergency Shelter
- **32% increase** in Bed Nights provided
- **Over 100% increase** in requests for Emergency Transportation
- **Over 100% increase** in requests for Food

86% increase in In-Person Services resulting from Crisis Line calls



65% increase in Crisis Line calls



INTERVENTION SERVICES—

First Step to a New Life

Crisis Line:

Maintaining an around-the-clock resource to which victims of domestic violence can turn for help is essential to ensuring the safety of our communities. When victims of abuse need support finding security, they turn to **STAND!**'s Crisis Line for counseling, referrals, and safety planning. Whether callers need a support group, emergency shelter, or legal assistance, we direct callers to the resources they need when they need them. With a record number of calls received in the last year, the Crisis Line is central to the community's ability to access critical domestic violence services.

Emergency Shelter:

Domestic violence is the leading cause of injury among women ages 15 to 45, more than car crashes, muggings, and rapes combined. For women and children escaping violent relationships, **STAND!**'s Emergency Shelter at the Rollie Mullen Center is a secure, nurturing haven where clients receive support and care that guides them toward health and stability for their whole lives. We provide comprehensive supportive services, such as case management, vocational services, and individualized counseling – all with the goal of independence. When the shelter is full, or when men need to escape a violent relationship immediately, we can offer motel vouchers so that everyone who needs shelter can be safe.

“Before I came to shelter I did not even know **STAND!** services existed. The support and care shown to me and my daughter is amazing.”

—Dinah

Transitional Housing:

Women and children who are ready to walk the path to independence may enroll in **STAND!**'s Transitional Housing program. This program provides long-term housing and access to a broad array of onsite supportive services that lead to full independence. In their pursuit of self-sufficiency, clients participate in vocational services and legal advocacy so that they can break free of violent relationships in all domains of their lives.

Therapeutic Child Care:

Children staying at the Rollie Mullen Center can spend their days interacting with other youth, processing their traumatic experiences, and working with our child therapists. Studies show that children who are exposed to domestic violence are at least twice as likely to become abused or abusive in adulthood. Second Step, an evidence-based curriculum designed specifically for children who have witnessed/experienced trauma helps children learn to cope and develop interpersonal skills to break the intergenerational cycle of abuse.

Legal Advocacy:

When victims leave violent relationships, they face a host of emergency legal issues, from gaining custody of their children and establishing restraining orders to bringing criminal charges. **STAND!**'s Legal Advocacy program supports clients as they deal with emergency legal needs through court accompaniment, legal translation, and preparation of women and children for court. Without these services, many survivors, especially clients who don't speak English, would be left alone and in the dark when they have to go to court.



“STAND! made it possible. I was simply determined to make my life and the lives of my children better, no matter what. Thanks to STAND! I have never had so much confidence and self-esteem. But most importantly, my children and I truly feel safe for the first time in our lives.”

“Anything is possible now,” Lynn declares with a wide, bright smile.

SOCIAL IMPACT

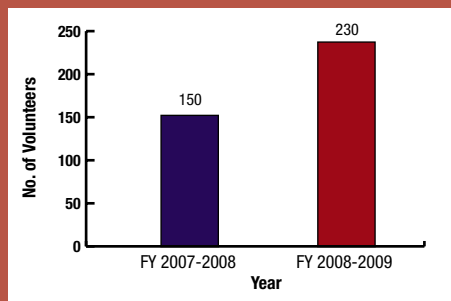
Goals

- Safe neighborhoods
- Safe schools/safe dates

STAND! relies on volunteer support to make our work happen. As resources decreased this past year, a community of volunteers stepped up to the plate to help fill gaps in crucial service provision. Volunteers supported prevention efforts by:

- **Conducting** presentations to community groups, corporations, local businesses (Speaker's Bureau)
- **Facilitating** educational presentations (*Expect Respect*)
- **Providing** trainings to partner agencies
- **Leading in Men Mentoring Boys into Compassionate Men** work

53% increase in Volunteers



PREVENTION—

the Crucial Step in Ending Abuse

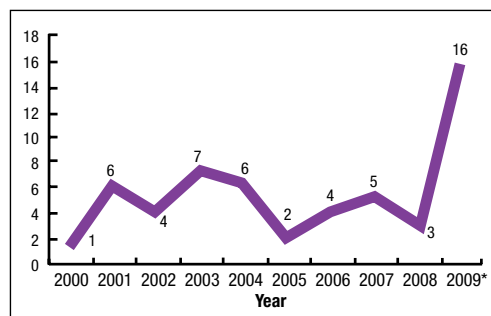
Building Healthy Teen Relationships:

The Building Healthy Teen Relationships prevention program works with teens, parents and school personnel to teach youth and adults about the tenets of healthy relationships and how to avoid teen dating violence. We harness the influence that peer leaders can have on their classmates to change perceptions and acceptance of violence in all its forms through *Expect Respect* support groups (a promising practice under review by the Centers for Disease Control), classroom presentations utilizing our award winning You Never Win with Violence curriculum, and long-term youth mentor trainings.

DELTA Project:

The DELTA Project: Men Mentoring Boys into Compassionate Men takes an unconventional but promising approach to prevent violence against women. The program engages *men* as agents of change in the community, recognizing that men must be leaders in the struggle to prevent domestic violence. These men then act as mentors to young boys in the community, modeling healthy behavior and appropriate respect for women. By providing these boys with positive non-violent male role models, the DELTA Project is a powerful tool to help the community stand against domestic violence.

DV Deaths in Contra Costa by Fiscal Year



Community Training:

STAND! continues to serve as a vital training resource in the community for professionals who wish to increase their skills when responding to family violence. We provide trainings on domestic violence – the stages, the signs, and the proper responses – to those individuals who most often encounter victims at their most vulnerable times. We educate social service providers, teachers, medical staff, and law enforcement personnel on how to approach a domestic violence victim in the wake of a terrible episode of abuse. Equipped with the proper training, these first responders can make a huge difference in victims' lives by steering them toward the resources they need in a way that makes them feel comfortable and trusting.

Speakers' Bureau:

At **STAND!**, we empower victims of domestic abuse to end the cycle of violence in their communities. One of the most direct ways in which we accomplish this goal is through our Speakers' Bureau program, which connects survivors and advocates with venues where they can tell their stories and expose the myths that surround intimate partner violence. This effort can mean scheduling and coordinating a speaking engagement for one of our former clients to tell a group of young women about the signs and cycle of abuse. Hearing this information directly from a survivor is a more powerful method of communicating than fliers, professional speakers, or teachers.



“...we rededicate ourselves to breaking the cycle of violence. By providing young people with education about healthy relationships, and by changing attitudes that support violence, we recognize that domestic violence can be prevented.”

**—President Barack Obama,
October 1, 2009**

SOCIAL IMPACT

Goals

- Safety and healing for victims
- Safe and Bright Futures for Children
- Perpetrator rehabilitation and non-violent relationship skill building

Increased numbers of clients coupled with reduced resources pressed staff and volunteers to do more with less.

20% increase in Peer Counseling

49% increase in number of clients per support group leader

Counselors worked with **72 children** to help them recover from living in violent homes and regain their childhood.

382 violent partners joined together to unlearn violence as a way to solve problems.

TREATMENT SERVICES— *A Critical Step to Recovery*

Children's Counseling Program:

Abused children need special attention and services in order to overcome the trauma they have experienced so that they can avoid repeating the violence in their own lives. In the past two years, reports of child abuse in Contra Costa County have increased by about one third, rendering thousands of children vulnerable to becoming victims or victimizers later in their lives. **STAND!** works with abused children in local schools and our residential facility, ensuring that they receive treatment that will improve their mental health – and their physical safety – for a lifetime.

“My son is doing well in therapy and in school. I'm proud of how well he's adjusted. He went from being a timid, fearful child to an outgoing boy. He loves being around other kids his age.”

—Rosa

Victim Counseling Program:

For survivors of domestic violence who have been abused by their intimate partners, we offer mental health counseling. This intensive counseling allows for clients to advance along a structured path to recovery from relationship violence toward stability and safety.

Support Groups:

STAND!'s Support Groups provide a forum for survivors of domestic violence to interact, share experiences, and support each other. These groups, held throughout the County, often serve as space for victims to get to know **STAND!** and access various other services to ensure their safety. Provided in a peer counseling model, support group leaders educate clients on safety planning, the impact of domestic violence on children, and how to find and keep a job.

“I'm a totally different woman, I'm not afraid and I believe in myself. My support group allows me to share experiences with other women and now I can help and inspire other women that they can change their lives for the better too.”

—Maria

Domestic Violence Treatment Program:

At **STAND!** we understand that the perpetrators of domestic violence need support as they overcome the entrenched mindsets that led them to a violent life. Trained clinicians work with men and women who batter, guiding them toward understanding and accepting responsibility for the consequences of their actions. Addressing domestic violence at the source is yet another way in which **STAND!** is facing the problem of abuse in the home from every possible angle.





“When I first got to the shelter my 2 year old daughter would startle and shake at loud noises. Her arms would shoot up in front of her, her eyes would go wide, and she would cry. I hadn’t even noticed it at home. We’ve been working with the therapist for 8 months and loud noises and other people don’t frighten her anymore. She’s a bubbly little girl who loves playing with the other children and she’s no longer afraid to be away from me.”

—Gabby

STAND! STATEMENT OF ACTIVITIES

STAND! BOARD OF DIRECTORS

- Dennis Henry, President
- Sue Rinetti, Vice President
- Margaret Ward, Secretary
- Linda Best, Assistant Secretary
- Tim Truesdale, Treasurer

MEMBERS

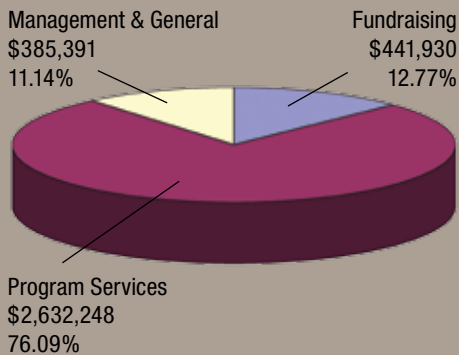
- Judith Hartman, M.D.
- Linda C. Rodgers
- Ellen Rubenstein Fisher
- Kathryn Beck

STAND! SENIOR MANAGEMENT

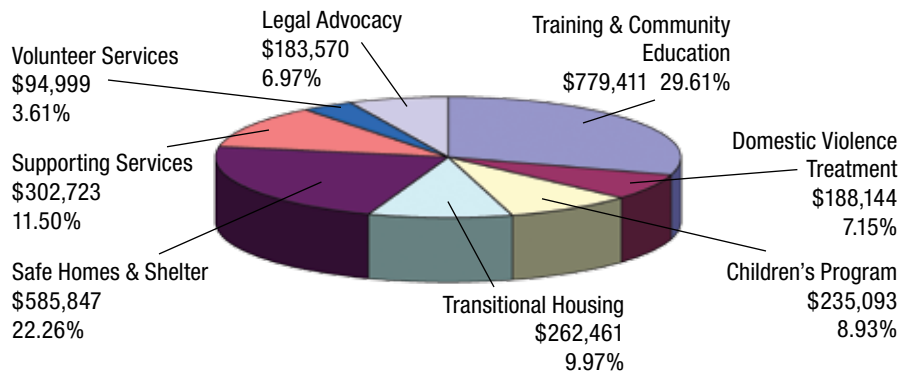
- Gloria Sandoval, Executive Director
- Ken Carter, Finance Director
- Michelle Davis, Director of Development & Marketing
- Edna Hernandez, Human Resources Director
- Sharon Turner, Director of Prevention and Treatment
- Stacy Baird, Director of Intervention Services

	Unrestricted Funds	Temporarily Restricted Funds	Permanently Restricted Funds	Total
Public Support				
Contributions	877,366			877,366
Special Events	196,424			196,424
In-Kind Gifts	227,565			227,565
Total Public Support	1,301,355			1,301,355
Revenue				
Fees & Sales	140,441			140,441
Government Grants & Support				
Federal	879,013			879,013
State	228,101			228,101
Local	867,008			867,008
Investment returns	188	-13,145		-12,957
Rental Income	104,738			104,738
Miscellaneous	3,926			3,926
Total Revenue	2,223,415	-13,145		2,210,270
Net assets released from restrictions	-13,145	13,145		0
Total Public Support & Revenue	3,511,625			3,511,625
Expenses				
Program Services	2,632,248			2,632,248
Supporting Services	827,321			827,321
Total Expenses	3,459,569			3,459,569
Change in Net Assets	52,056			52,056
Net Assets, beginning of year	2,404,602		124,171	2,528,773
Net Assets, end of year	2,456,658		124,171	2,580,829

Use of Funds \$3,459,569



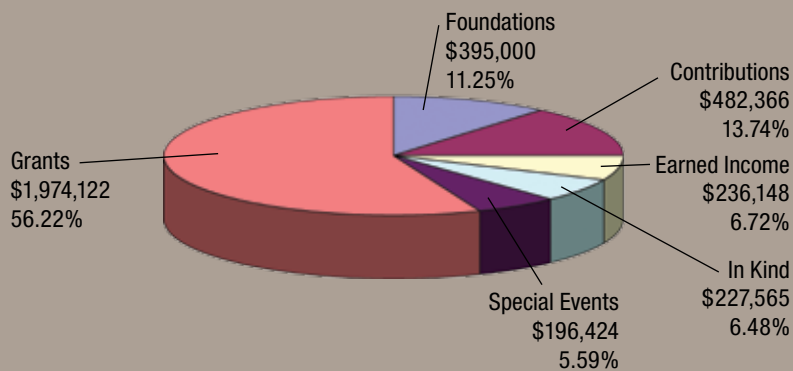
Program Expense \$2,632,248



STAND! STATEMENT OF FINANCIAL POSITION

Assets	2009
Current Assets	
Cash & Cash Equivalents	489,243
Accounts Receivable	458,425
Prepaid Expenses	52,702
Total Current Assets	1,000,370
Property & Equipment, net	
Deposits	7,088
Restricted Investments	136,900
Total Assets	4,011,359
Liabilities & Net Assets	
Current Liabilities	
Accounts Payable	102,840
Accrued Liabilities	198,524
Deferred Revenue	68,138
Notes Payable, Current Portion	6,556
Total Current Liabilities	376,058
Long Term Liabilities	
Notes Payable, Less Current Portion	883,381
Advance from HUD	171,092
Total Liabilities	1,430,531
Net Assets	
Unrestricted	2,456,657
Permanently Restricted— Endowment Fund	124,171
Total Net Assets	2,580,828
Total Liabilities & Net Assets	4,011,359

Sources of Funds \$3,511,625





STAND! Against Domestic Violence
1410 Danzig Plaza, 2nd floor
Concord, CA 94520

Tel: 925.676.2845

Fax: 925.676.0532

Crisis line: 1.888.215.5555

“My girls wanted to know if our new apartment had gates and a high fence and whether they were going to be safe. My youngest asked, “Who is going to keep us safe?” I told her ‘I am going to keep you safe, that’s my job as your mom.’”

—Trish
