

RELATIONSHIP SIGNALS



SIGNAL
AHEAD

Watch the signals

Warning!



Merge with Caution

They may not be the best choice in a relationship just because they:

- Say they are.
- Say they need you more than anything.
- Say they can't live or would die without you.
- Say they love you better than anyone else can
- Say you belong together.
- Say they love you so much that **they**:
 - Don't want you out of their sight.
 - Don't want you talking to another person.
 - Don't want you to have to work.
 - Don't want you bother your pretty little head about it
- Say they want to show you off.
- Say they will give you everything.
- Say they own you.
- Say you are helpless without them.
- Say you wouldn't understand (and won't give you a chance to)
- Say if you don't go along with what they say or want, they can find someone else.
- Say hurtful things, even if (especially if) they say they're joking

Get away from them immediately if they:

- Break agreements or betray you.
- Are addicted to or abuses drugs or alcohol.
- Have a secret or shady past.
- Are excessively jealous.
- Pressure or force you about sex.
- Have temper outbursts.
- Get into fistfights.
- Have seriously threatened, mistreated, or hit you or a former partner.
- Have thrown things (especially at you) or break things in anger.
- Have deliberately hurt pets.
- Regularly made you feel or look bad.
- Always tell you what to do (dictate).
- Habitually blame you for their problems
- Often scare or worry you about how they would react to what you say or do.
- Have you repeatedly needing to apologize or justify "for their behavior"
- Make you feel miserable, insecure, alone, uncomfortable, dependent, stalked, unsafe, scared, harassed, helpless, hopeless...

They may be a better choice if you:

- Feel special, important, loved, happy, comfortable, safe, & relaxed with them.
- Have a wonderful time with them
- Share important values with them
- Mutually respect and admire each other.
- Are glad about each other's uniqueness
- Can be "yourself" with them.
- Feel warmth and kindness from them.
- Have a meeting of the minds with them
- Feel listened to.
- Have open communications (speak your own mind, disagree, or leave without fear)
- Laugh at the same things together.
- Can grow together and individually.
- Can trust each other.
- Are able to give and take with them.
- Feel unconditional support and love.
- Can also share your time with family or friends.
- Are freely allowed your own time and space

For More Information and Help;
Call: 1-888-215-5555 (24 hours, toll free)